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Gastroenterologist and Interventional Endoscopist

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DATE: _____

PATIENT NAME: _____

REFERRING DOCTOR: _____

SERVICE(S) REQUIRED:

DATE OF BIRTH: _____

PROVIDER NO: _____

Consultation

ADDRESS: _____

ADDRESS: _____

Gastroscopy

TEL/MOBILE: _____

FAX: _____

Colonoscopy

EMAIL: _____

EMAIL: _____

Capsule Endoscopy

SIGNATURE: _____

ERCP

INDICATION(S):

Endoscopic Ultrasound

Balloon Enteroscopy

Oesophageal/Colonic EMR

Zenker's Septoplasty

MEDICATIONS:

Aspirin

Warfarin

Clopidogrel

Other: _____

If you have any questions about the procedures or preparation
please call the rooms on

Tel. 1300 23 20 50

PRE-PROCEDURE PREPARATION:

COLONOSCOPY or RETROGRADE BALLOON ENTEROSCOPY: The colon must be completely clean for the examination to be successful. Inadequate cleaning of the bowel may result in the procedure having to be repeated. Please follow the instructions carefully. If you are **usually constipated or take pain killers** you will require extra preparation and you should contact the rooms for further instructions (Tel 1300 23 20 50).

STEP 1: Purchase the Colonoscopy kit from your chemist containing **two sachets of 15.5g PICOPREP and one 70g sachet of GLYCOPREP-C**. 5 days before the procedure stop any iron supplements. 3 days before your procedure avoid any foods containing grains or foods high in fibre such as most fruit and vegetables.

STEP 2: **One day before your procedure:** Have a light breakfast. After breakfast drink only APPROVED FLUIDS fluids until after your examination (NO SOLID FOOD allowed until after the procedure). APPROVED FLUIDS include water, black tea or coffee, strained fruit juices, jelly, cordial, clear soups such as broth or bonox, carbonated soft drinks and clean ice blocks. Drinks with red and purple coloring are NOT permitted.

5.00 pm FIRST DOSE: Mix the entire contents of 1 sachet of PICOPREP in a glass of cold water and stir until dissolved. Drink the mixture slowly over one hour but completely. This should be followed by at least 1 glass of water or APPROVED FLUIDS.

6.00 pm SECOND DOSE: Mix up the GLYCOPREP-C in 1 litre of cold water. You should try and drink a glass of the preparation about every 15 minutes. Total intake time should be approximately 1 hour. If you start to feel nauseated whilst drinking the preparation, slow down the rate of intake.

7.00 pm THIRD DOSE: Mix the second sachet of PICOPREP in a glass of cold water and stir until dissolved. Drink mixture slowly but completely. This should be followed by at least 1 glass of water or approved clear liquids.

STEP 3: Please do not drink any fluids 6 hours BEFORE YOUR APPOINTMENT TIME.

GASTROSCOPY/ENDOSCOPIC ULTRASOUND/ERCP/CAPSULE ENDOSCOPY/ZENKER'S SEPTOPLASTY: No food should be consumed from midnight the day before your procedure. If your procedure is booked for the afternoon APPROVED fluids (see above) may be consumed up to six hours before your procedure.

Austin Hospital
145 Studley Rd,
Heidelberg 3084

John Fawcner Private Hospital
275 Moreland Rd,
Coburg 3058

Epworth Richmond Hospital
89 Bridge Rd,
Richmond 3121

North West Day Surgery
221 Maribyrnong Rd,
Ascot Vale, 3032

Essendon Private Hospital
35 Rosehill Rd,
Essendon 3040